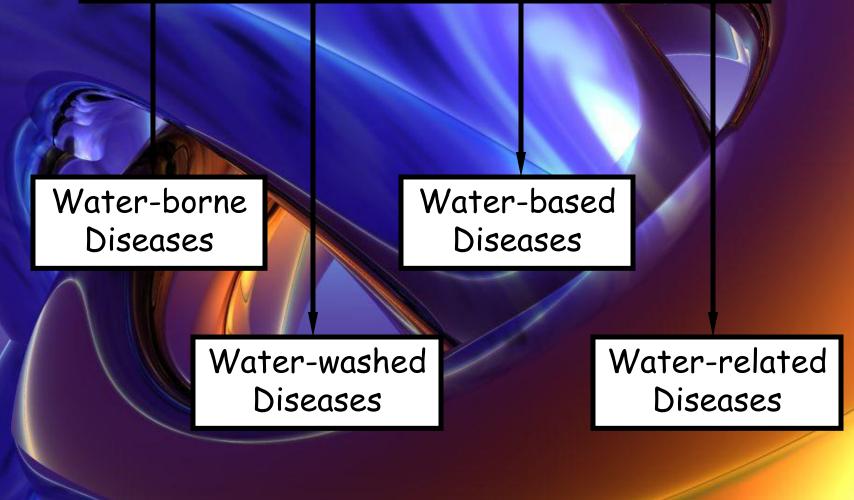


Water-borne Diseases By Yenisel Cruz



Diseases Related to Water



Water-borne Diseases

Diseases caused by ingestion of water contaminated by human or animal excrement, which contain pathogenic microorganisms



Include cholera, typhoid, amoebic and bacillary dysentery and other diarrheal diseases



Diarrheal Diseases

- Giardiasis (Protozoan)
- Cryptosporidiosis (Bacteria)
- Campylobacteriosis (Bacteria)
- Shigellosis (Bacteria)
- Viral Gastroenteritis (Virus)
- Cyclosporiasis (Parasite)

In addition, water-borne disease can be caused by the pollution of water with chemicals that have an adverse effect on health

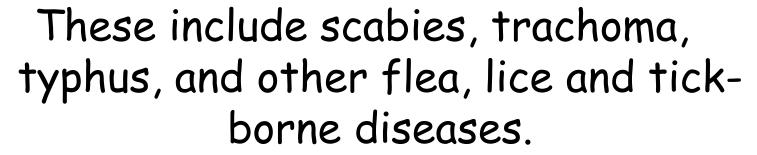


- Arsenic
- Flouride
- Nitrates from fertilizers
- Carcinogenic pesticides (DDT)
- Lead (from pipes)
- Heavy Metals

Water-washed Diseases

Diseases caused by poor personal hygiene and skin and eye contact with contaminated water







Water-based Diseases

Diseases caused by parasites found in intermediate organisms living in contaminated water

Includes Schistosomiasis and Dracunculiasis



Water-related Diseases

Water-related diseases are caused by insect vectors, especially mosquitoes, that breed or feed near contaminated water.

They are not typically associated with lack of access to clean drinking water or sanitation services

Include dengue, filariasis, malaria, onchocerciasis, trypanosomiasis and yellow fever

Other Water-borne diseases

- Bathing
- Swimming
- Other recreational activities that have water contact
- Agriculture
- Aquaculture

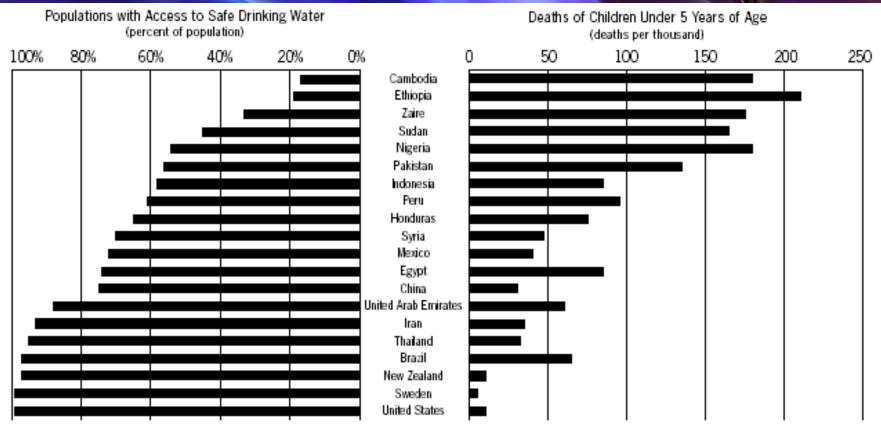
The Problem

- ~80% of infectious diseases
- > 5 million people die each year
- > 2 million die from water-related diarrhea alone
- Most of those dying are small children

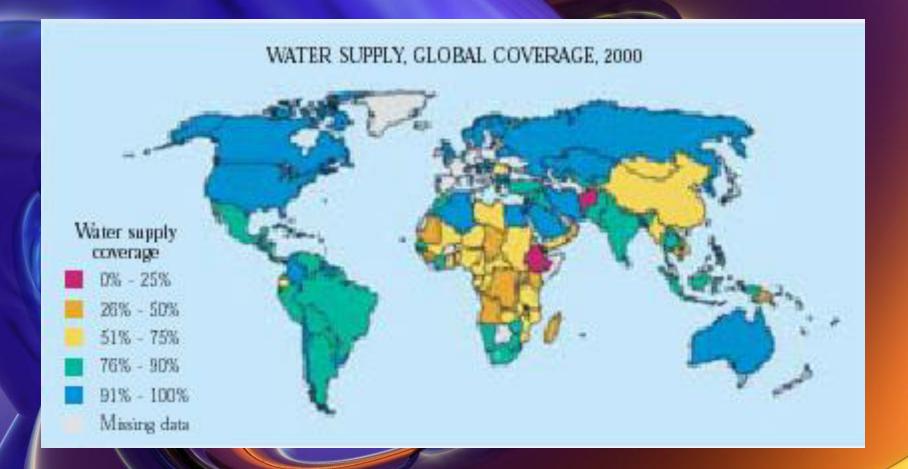
Other Consequences

- Lost work days
- Missed educational opportunities
- Official and unofficial healthcare costs
- Draining of family resources

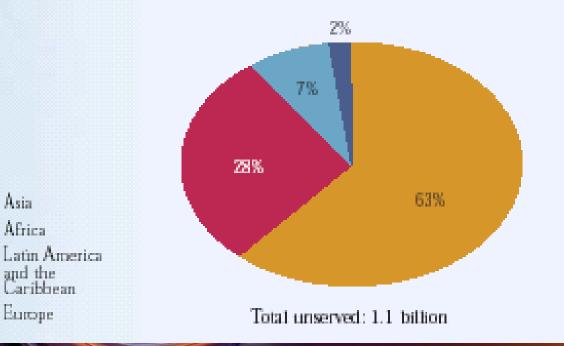
Water Quality & Child Survival



Sources: United Nations Children's Fund, The State of the World's Children 1993; Worldwatch Institute, Worldwatch Paper 64: Investing in Children, June 1985

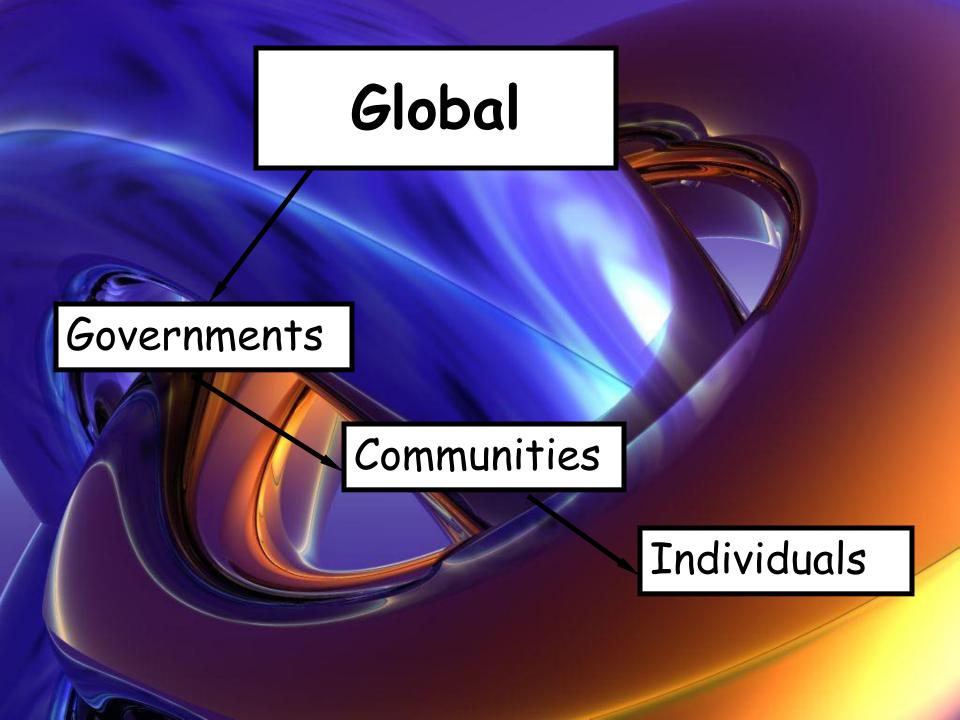


DISTRIBUTION OF THE GLOBAL POPULATION NOT SERVED WITH IMPROVED WATER SUPPLY, BY REGION



Control & Prevention





Education Issues

- Hygiene education
- Good nutrition
- Improvements in habitation and general sanitation
- Higher education training in waterrelated issues

Global Surveillance

- Public health infrastucture
- Standardized surveillance of waterborne disease outbreaks
- Guidelines must be established for investigating and reporting waterborne diseases

Communication and the Media

- Impacts at all levels
- Very powerful, when others fail



General Guidelines

- Avoid contacting soil that may be contaminated with human feces.
- Do not defecate outdoors.
- Dispose of diapers properly.

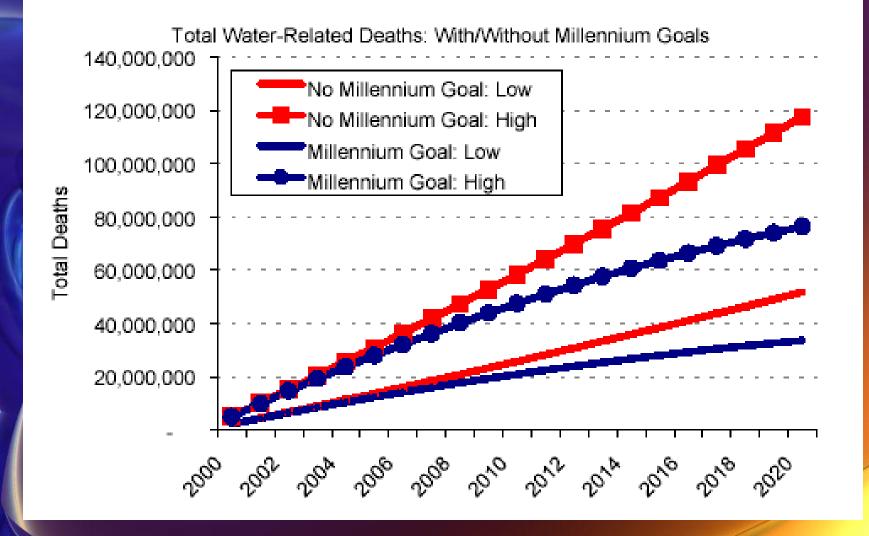
- Wash hands with soap and water before handling food.
- When traveling to countries where sanitation and hygiene are poor, avoid water or food that may be contaminated.
- Wash, peel or cook all raw vegetables and fruits before eating.

A Simple Rule of Thumb

"Boil it, cook it, peel it, or forget it"

The Future

Even if by the year 2015 the proportion of people who are unable to reach or to afford safe drinking water is halved, between 34 and 76 million people, mostly children, will die from preventable water-borne diseases



More Challenges

- Developed countries and chlorineresistant microbes
- Climate Changes
- Economic barriers for developing countries to sanitize large amounts of water

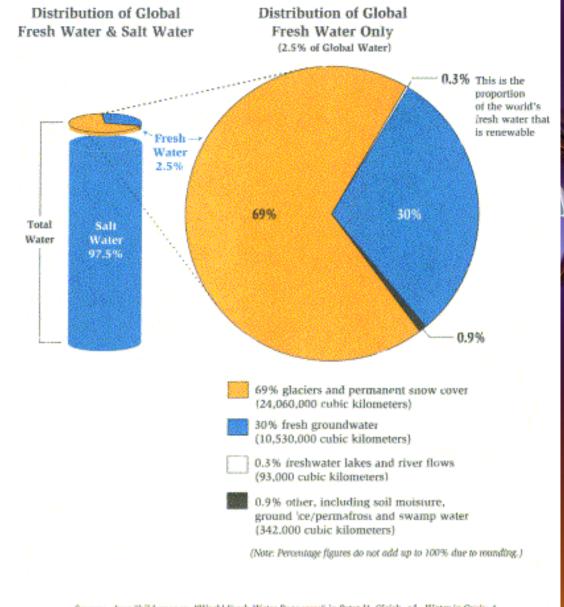
The Answer

- Unmet human needs for water
- Education
- Commitment to the elimination of specific diseases
- Research

Climate Change

- Water scarcity compromises hygiene
- Reduced water pressure increases risk of back siphoning of contaminated water
- Floods causing breaching of barriers between sewage and water systems

- Warming/cooling changes distribution of pathogens and vectors
- Increased UV exposure resulting in increased susceptability to disease
- Increased mutation rates with unpredictable effects on ecosystems (pathogen development)



Source: Igor Shikkomanov, "World Fresh Water Resources" in Peter H. Gleick, ed., Water in Cristi: A Guide to the World's Fresh Water Resources, 1993