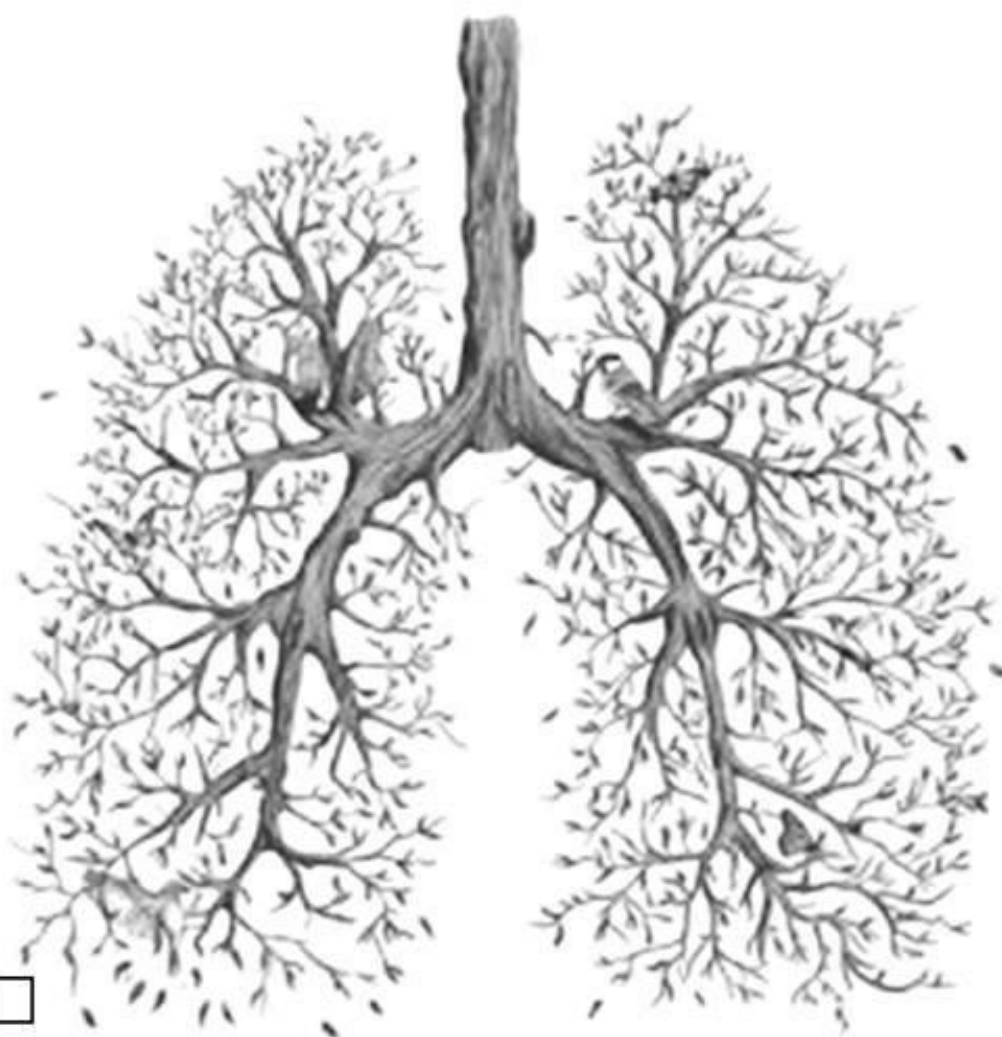


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Medical Committee  
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# Community Medicine



Slides

Sheet

Lecture #22

Doctor: Dr. Ahmad

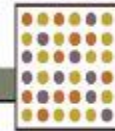
Date: 18/12/2014 Done By: Abdullah Odeh



## \*Community epidemiology review\*

- 1. Epidemic:** A disease that clearly exceeds normal or expected frequency in a community or region. ( for e.g. Flu )
- 2. Pandemic:** Epidemic with worldwide distribution (for e.g. obesity, HIV, Ebola)
- 3. Endemic:** Continuing presence of a disease or infectious agent in a given geographic area means the disease is endemic to that area.

### The Five Ws of Epidemiology Studies



- |             |   |                            |
|-------------|---|----------------------------|
| • What      | = Clinical  | } Descriptive Epidemiology |
| • Who       | = Person  |                            |
| • Where     | = Place   |                            |
| • When      | = Time  |                            |
| <hr/>       |   |                            |
| • Why / How | = Causes<br>Risk factors<br>Modes of transmission | } Analytic Epidemiology    |

## \*\*Final Question:

What is the condition? food poisoning happen for example who is affected ? 20 male or 30 female , where ? when ? this is descriptive .

Descriptive epidemiology: I describe the disease; what? Where? When? Who?

**When I did this I can generate hypothesis or formulate hypothesis. That certain Exposure to "E" lead to Disease "D"**

e.g. when we eat Shawrma it will cause us diarrhea, abdominal pain, cramps ...etc

-Analytic study to ask Why? and How ??

-causes. -risk factor. -mode of transition.

You are in the process of formulating hypothesis then in the process of testing Hypothesis.

If you're pick a design " cohort, cross sectional, case-control" then you're testing hypothesis

- We said that we have 2 type of study:

1-**descriptive.**      2- **analytic**

-Basic Questions in Analytic Epidemiology (**IMPORTANT**)

• Look to link exposure and disease

-What is the exposure?

-Who are the exposed?

-What are the potential health effects?

-What approach will you take to study?

the relationship between exposure and effect?

**Study design Divide into 2 parts :**

**1-Descriptive.**

1-case report.

2- case series .

3- descriptive epidemiology.

## 2-analytic :

### A- Experimental RCT :

1-clinical trials.    2- community trials.

### B- Non-experimental "observational" study population.

1-cohort study.

2- case-control study.

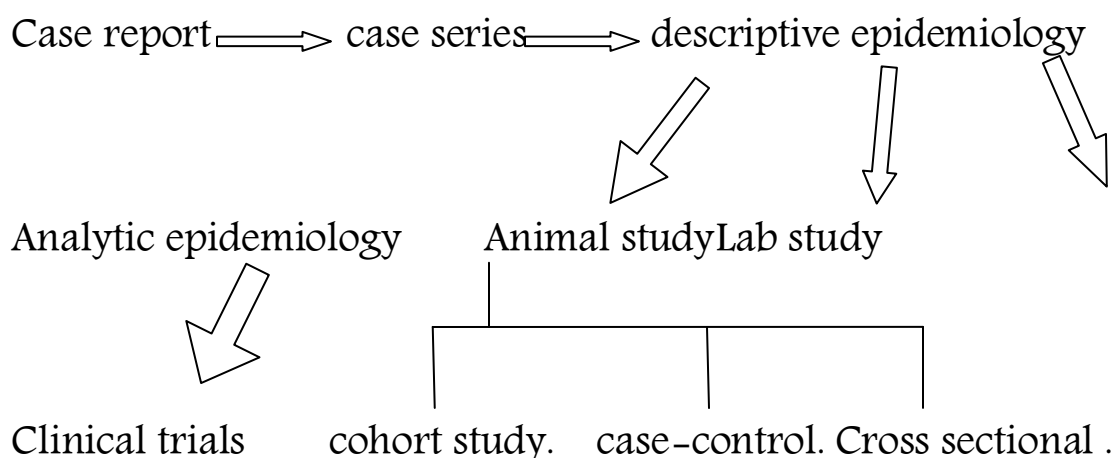
3- Cross sectional.

**Ecological study** studies the population for example:

We compare Jordanian population with Japanese population regarding liver cancer.

Beta- aphla toxins cause liver cancer, and ..... chloride found in plastic industries exposure to it by workers cause liver cancer to them.

### Study design sequence: hypothesis formation



**\*\* cross sectional : سَطْحِيَّة**

-An "observational" design that surveys exposures and disease status at a single point in time.

-use to study chronic condition.

-give us prevalence (number of all existing causes).

e.g. 10 cases with Hypertension out of 100 people; this is **prevalence**.

After 2h for example another 2 cases come, those are **incidence**.

Now total prevalence rate is  $10+2 = 12$

**Prevalence:** ((old cases + new cases which it is the incidence))

Q: can prevalence equal incidence?

Yes in special causes for example in disease with short duration (deadly disease).

**In general** >> prevalence is always larger than incidence.

-disadvantage: weakest observational design/not good for rare diseases.

-**advantages** : easy / rapid/less expensive.

**\*\*case-control :**

Case: disease .      Control: no disease.

e.g. lung cancer ; study relation between smoking and lung cancer

we should ask everyone in case and control if they expose to what cause a disease " smoking for example" even it was long time ago "before 10 years"

-this study give us odds ratio (OR) :probability of getting sick when you expose to causes of disease . \*you have to know how to calculate odd ratio (OR).

-for rare disease.

### \*\*cohort study :

-IR "Incidence rate. – RR " relative risk.

- Multiple diseases

-Look forward to the future

#### -Advantage:

1-Exposure status determined before disease Detection.

2-Subjects selected before disease detection.

3-Can study several outcomes for each exposure.

#### -Disadvantage:

1-Expensive and time-consuming

2- Inefficient for rare diseases or diseases with Long latency

3- Loss to follow-up; under estimation

### \*\*experimental clinical trials:

**Blindness:** that the investigator and the team none of them know what is going on except the principle investigator for result to be accurate

-give us the best result.

-the most accurate information

-efficiency of the drug.

RR and OR measure the risk factor

IF :

RR = 1      NO effect ; exposure has no effect on disease .

RR > 1      The exposure has a great effect

RR < 1      Protective ; the risk factor protect from the disease .

OR the same as RR

IR = number of cases / population at risk .

**Question :**

1-cohort study :

-IR and RR .      -multi diseases .

2- cross sectional :

-PR      - less time      - not expensive .      -chronic disease

3-case control:

-OR -less expensive and time consuming.

4-clinical trials :

-Efficiency of drug

5-Which type of design is best for study relation between lung cancer and smoking ?

-Case control

6- What is advantage of cohort study ? or disadvantage of cohort?

-Advantage is multi diseases , -and disadvantage is not good for rare disease .

7- which type of study is prevalence study ?

-Cross sectional.

8- Incidence: is number of new cases in the disease .

9- prevalence rate = Old + New cases

10- RR = IR exposed / IR non-exposed

11-definition of epidemiology : is defined as the Study of the distribution and determinants of health, disease and injuries in human population

12- Odds ratio :  $OR = A \cdot D / C \cdot B$

	Cases	Control
Risk factor +ve	A	B
Risk factor -ve	C	D



13-determinant : Factor which increase or decrease the occurrence of disease

14- definition of epidemic , endemic , pandemic " mention previously "

15-randomization :

a-treatment group .      b- comparison group .

16- What is blindness?? Mention above

17-case control : asking about the past "backward"

- cohort : future.

18-cohort : IR and RR      - case control : OR.

19-cross sectional disadvantage : **إنها سطحية**

**-The End-**

Sorry for any mistake

Good luck ☺



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