





Nafith Abu Tarboush DDS, MSc, PhD natarboush@ju.edu.jo www.facebook.com/natarboush

Lipids





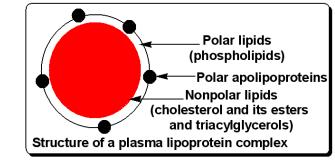




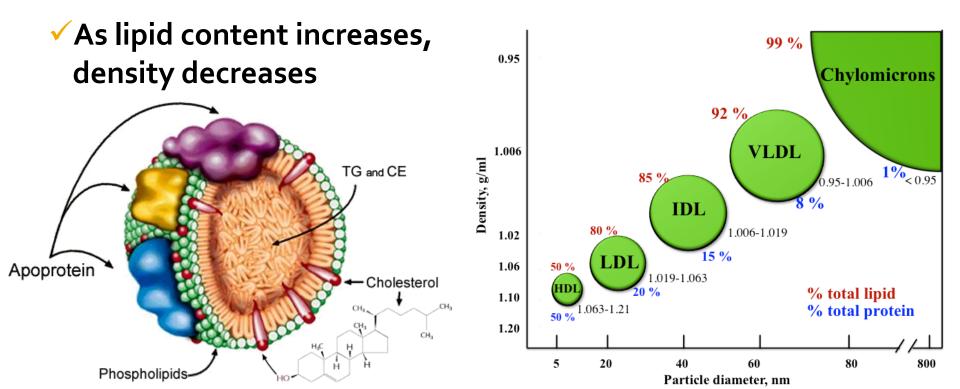
RITTED



2. Lipoproteins



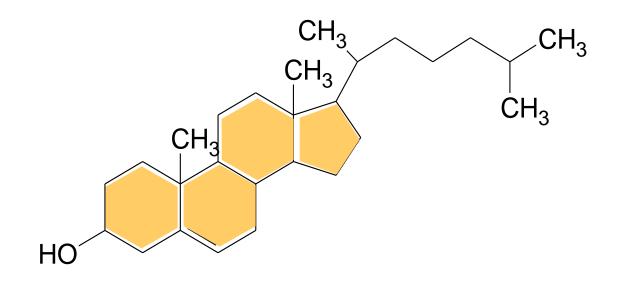
- Lipids (cholesterol, cholesterol esters, phospholipids & triacylglycerols) combined with proteins (apolipoprotein) in tissues
- Function: transport of different types of lipids in blood plasma



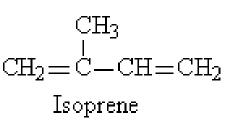
Features of lipoproteins

| | Chylomicrons | VLDL | LDL | HDL |
|---------------------|-----------------------------------|--------------------------|---|--|
| Density (g/ml) | < 0.94 | 0.94-1.006 | 1.006-1.063 | 1.063-1.210 |
| Diameter (Å) | 6000-2000 | 600 | 250 | 70-120 |
| | | | | |
| Total lipid (wt%) * | 99 | 91 | 80 | 44 |
| Triacylglycerols | 85 | 55 Liver | 10 | 6 |
| Cholesterol esters | 3 | 18 | 50 (bad) | 40 (good) |
| Function | Transport of <u>dietary</u> TG | Transport of liver TG | Transport of cholesterol to peripheral tissues | Transport of cholesterol from peripheral tissues (cholesterol scavengers) |

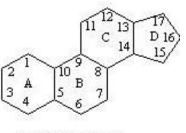
Cyclic lipids (Steroids): Cholesterol, Bile Salts, & Steroid Hormones



The precursor

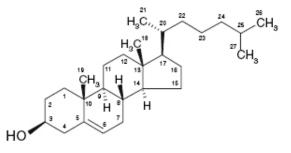


The nucleus

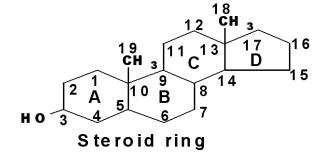


Steroid nucleus

The most common steroid



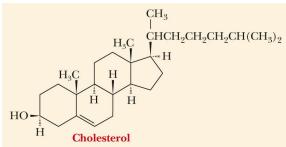
Steroids



- A group of lipids that have fused-ring structure of 3 six-membered rings, and 1 five-membered ring
- Usually found in association with fat
- Derivatives of cholesterol
- Biologically important groups of substances:
- 1. Sterols
- 2. Adrenal cortical hormones
- 3. Male and female sex hormones
- 4. Vitamin D group
- 5. Bile acids

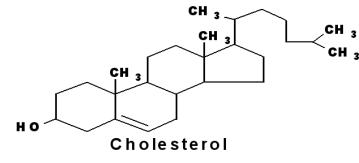


- Androgens: male 2° sex characteristics
- Estrogens: female 2° sex characteristics & control of menstrual cycle



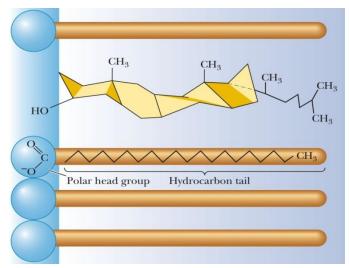
H₃C

1. Cholesterol

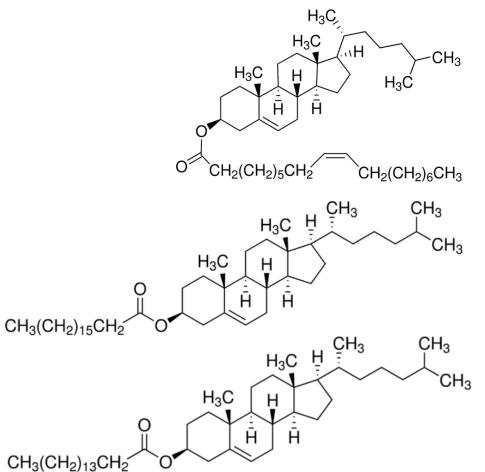


- The most important sterol in animal tissues
- Found as free alcohol or esterified to F.A (e.g. linoleic, oleic, palmitic)
 - Attached at (-OH) of C3
 - Naming

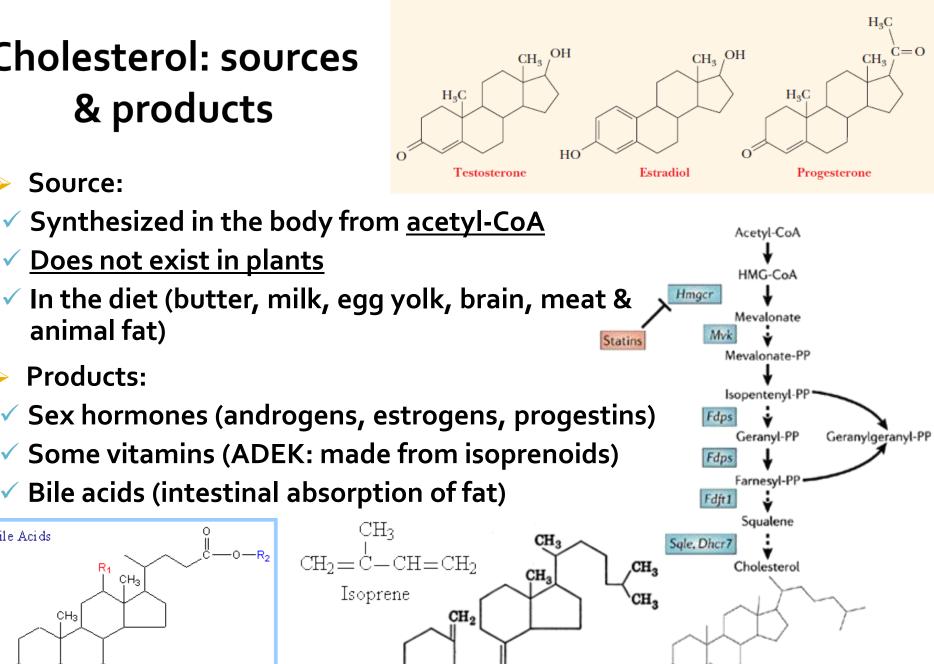
Reduces membrane fluidity



 Stabilizing extended chains of FA due to hydrophobic interactions



Cholesterol: sources & products



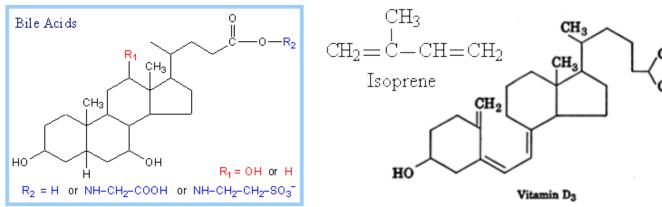
HO

Products:

animal fat)

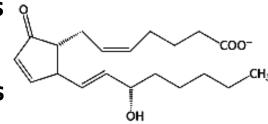
Source:

- Sex hormones (androgens, estrogens, progestins)
- Some vitamins (ADEK: made from isoprenoids)
- Bile acids (intestinal absorption of fat)

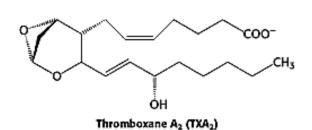


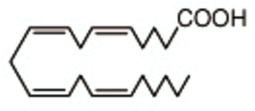
2. Eicosanoids (icosanoids)

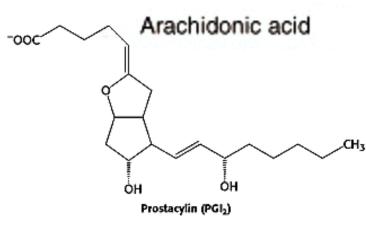
- Signaling molecules
- Made by oxidation of essential PUFA ^(20 C): mainly Arachidonic acid (ω6)
- Source: either ω-3 or ω-6 fatty acids
- Paracrine or autocrine messengers molecules
- Half-lives (10 sec 5 min)
- Most catabolism occurs in the lung
- Families of eicosanoids:
 - Prostaglandins
 - ✓ Prostacyclins
 - Thromboxanes
 - ✓ Lipoxins
 - Leukotrienes

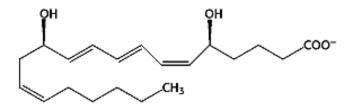


Prostaglandin A₂







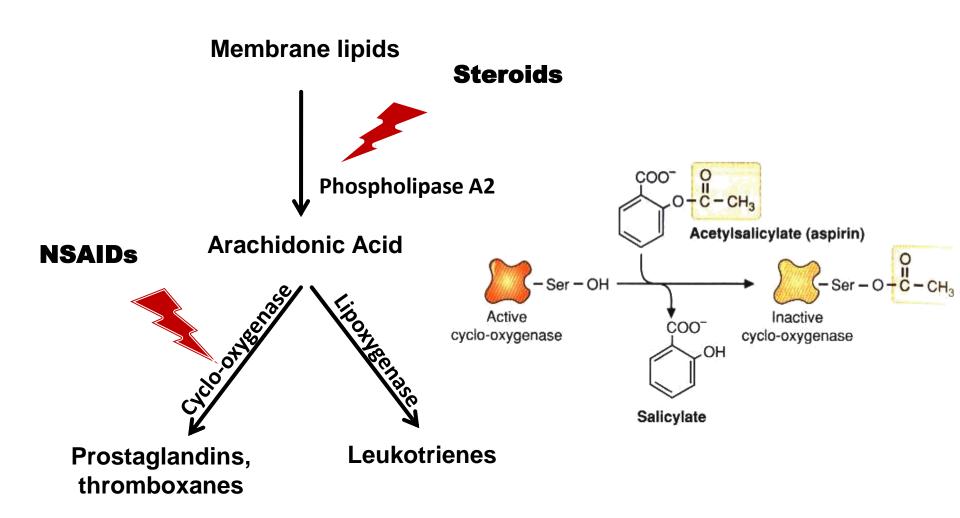


Leukotriene B₄

Eicosanoids - Functions

- Induction of inflammation
- Mediation of pain signals
- Induction of fever
- Smooth muscle contraction (including uterus)
- Smooth muscle relaxation
- Protection of stomach lining
- Simulation of platelet aggregation
- Inhibition of platelet aggregation
- Sodium & water retention

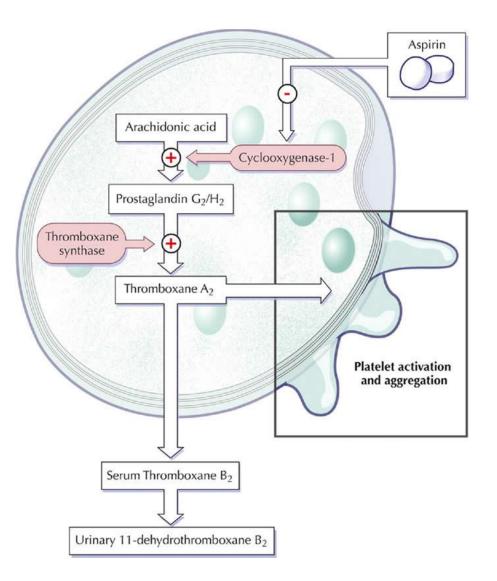
Anti inflammatory Drugs inhibit Eicosanoid Synthesis



Aspirin & the heart

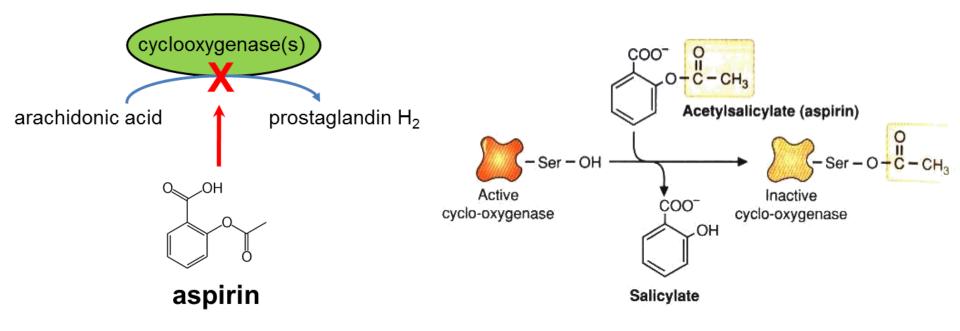
 Thromboxane A2 leads to platelet activation & aggregation

 Aspirin acts as a potent antiplatelet agent by inhibiting cyclooxygenase preventing thromboxane A2 (TXA2) generation



Aspirin

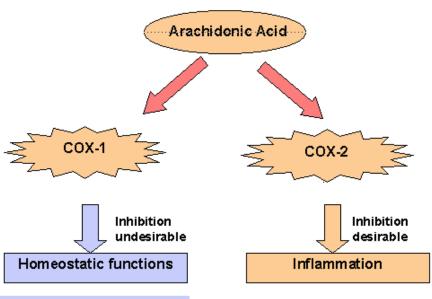
- Aspirin is anti-inflammatory and fever-reducing (antipyretic)
- It irreversibly inhibits cyclooxygenase (COX), the enzyme that catalyzes conversion of arachidonic acid to prostaglandins



Targets of Aspirin

- Cyclooxygenase is present in two forms in cells, COX-1 & COX-2
- Aspirin targets both, but COX-2 should only be the target

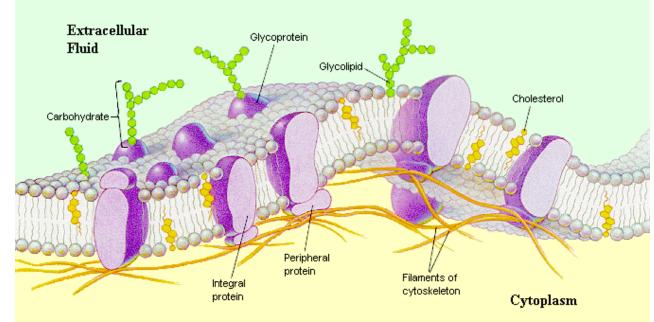




Gastrointestinal tract Renal tract Platelet Function Macrophage differentiation

Cell membranes

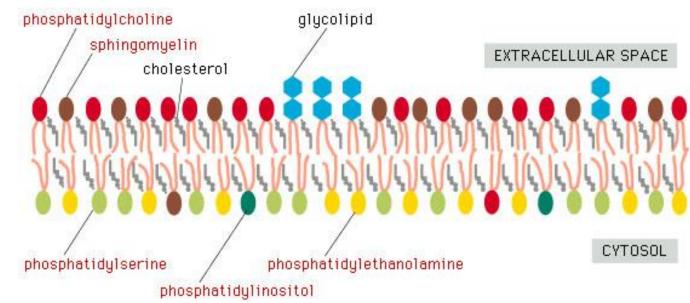
- The membrane is hypothesized in a model known as the fluid mosaic model
- Components: 45% lipid, 45% protein and 10% carbohydrate
- They exist side by side without forming some other substance of intermediate nature



Phospholipids

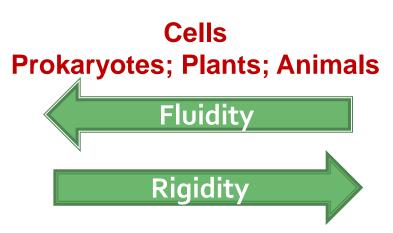
- Bulkier molecules (outer layer) vs. smaller molecules (inner layer)
- Outer: phosphatidylcholine, sphingomyelin, and glycolipids (recognition & interaction)
- Inner: phosphatidylethanolamine, phosphatidylserine, & phosphatidylinositol (signaling)

Cholesterol is distributed in both leaflets

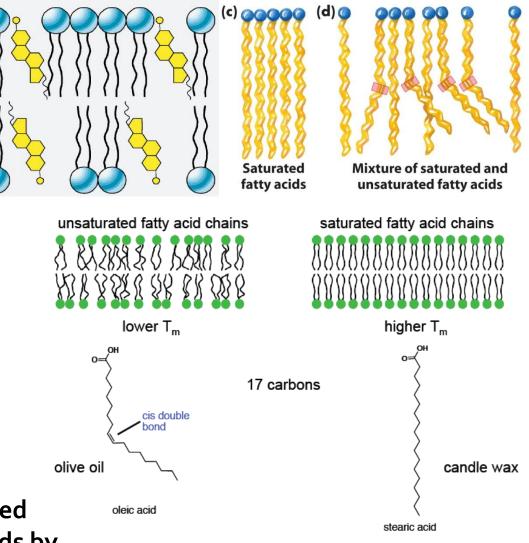


Membrane fluidity

- Cholesterol content
- Fatty acid content

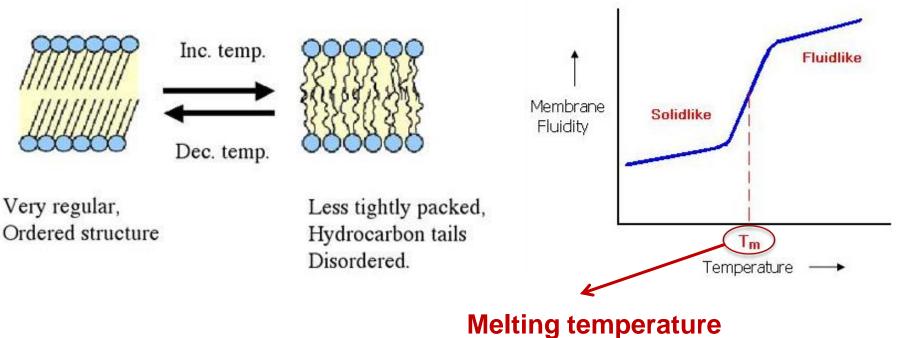


- Cholesterol Stabilizes the extended straight-chain saturated fatty acids by van der Waals interactions
- Cholesterol makes the membrane less solid at low temperatures & more solid at high temperatures



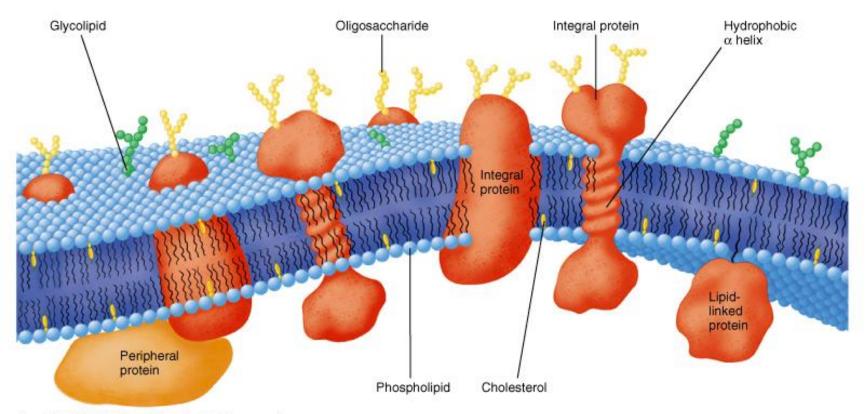
- Decreases the mobility of hydrocarbon tails of phospholipids
- Interferes with close packing of fatty acid tails in the crystal state

Membrane fluidity & temperature



(transition temperature)

Membrane proteins



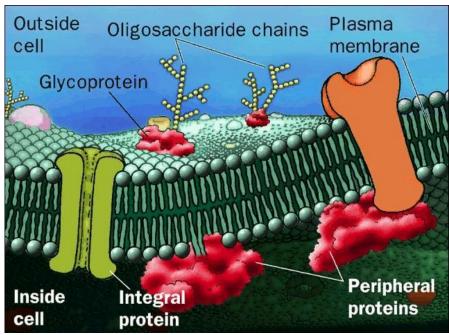
Copyright 1999 John Wiley and Sons, Inc. All rights reserved.

Types of membrane proteins

- Peripheral proteins:
 - Associated with the exterior of membranes via non-covalent interactions
- Integral membrane proteins:
 - Anchored into membrane via hydrophobic regions
- Lipid-anchored:
 - Associated via a lipid group

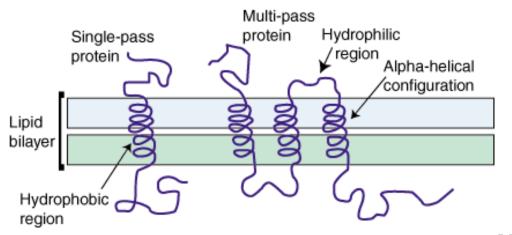
Peripheral membrane proteins

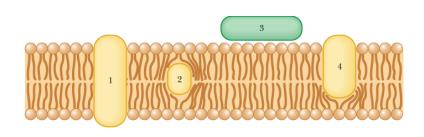
- Associated with membranes but do not penetrate the hydrophobic core of the membrane
 - Often associated with integral membrane proteins
- Not strongly bound to membranes
 & can be removed without disrupting the membrane structure
 - Treatment with mild detergent



Integral membrane proteins

The integral proteins can be associated with the lipid bilayer in several ways

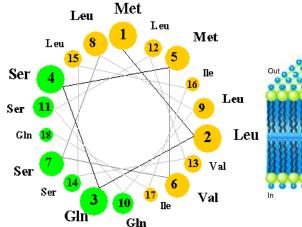


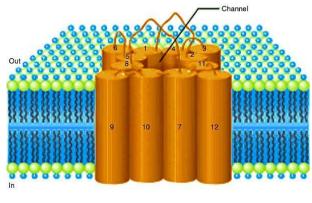


The membrane integral domains are:

- 1. Single or multiple
- 2. α -helix or β -sheet

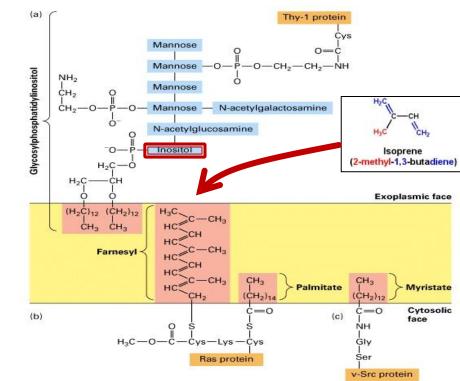
Amphipathic α helices

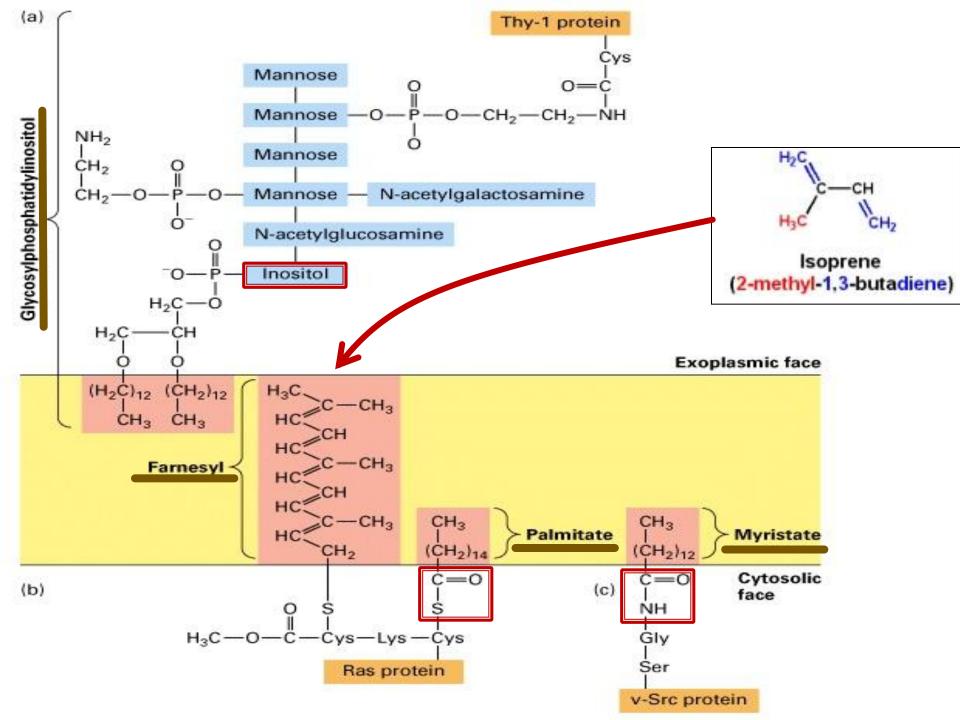




Lipid-anchored membrane proteins

- Four types:
- Amide-linked myristoyl anchors
 ✓ Always myristic acid
- Thioester-linked fatty acyl anchors
 Myristate, palmitate, stearate, oleate
- Thioether-linked prenyl anchors
 - Prenylation refers to linking of "isoprene"-based groups
- Glycosyl phosphatidylinositol anchors
 - Ethanolamine link to an oligosaccharide linked in turn to inositol of PI





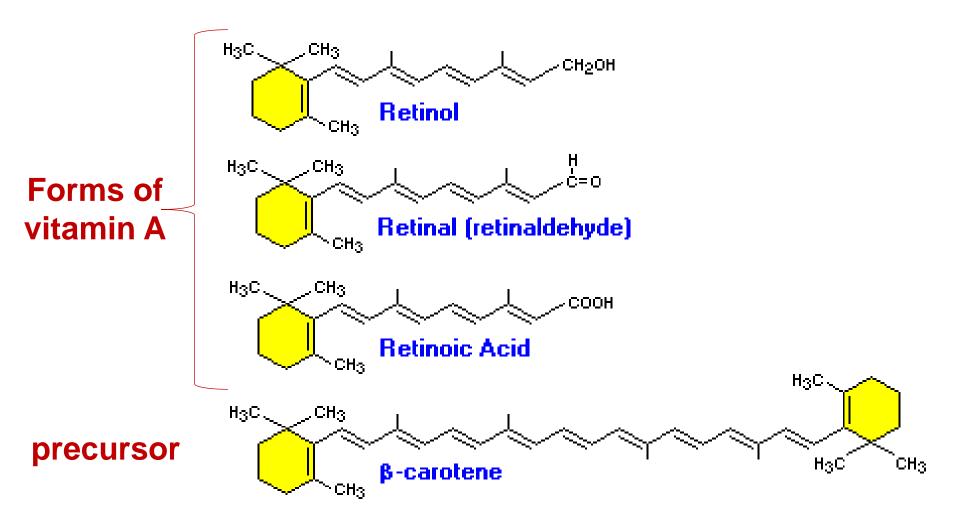
Structure-Function of Membranes

Transport:

- Membranes are impermeable barrier
- Proteins can be carriers or channels
- Signaling
 - Protein receptors and small molecules (some can be lipids themselves)
- Catalysis
 - Enzyme-linked receptors

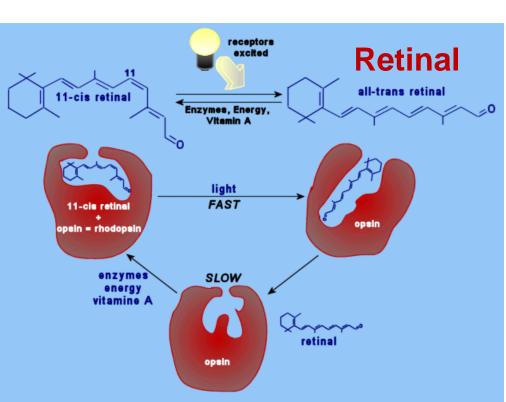
Vitamins

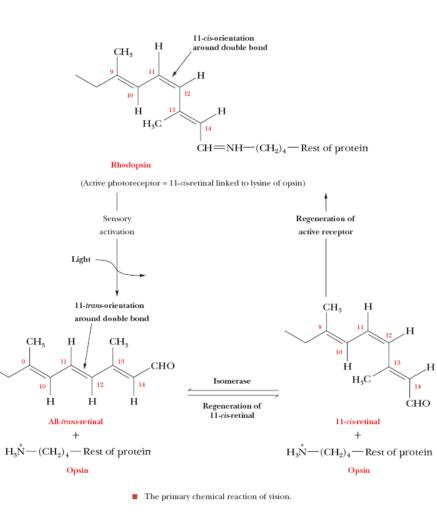
Vitamin A



Vision

The outer segment of rod cells contains flat membrane enclosed discs, the membrane consisting of about 60% rhodopsin and 40% lipid





Vitamin D

Sunlight

Skin

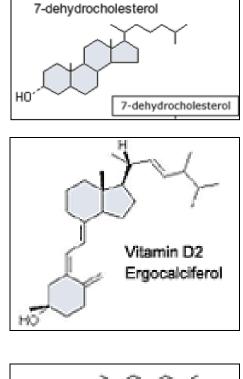
Increases synthesis of a Ca²⁺-binding protein, which increases absorption of dietary calcium in the intestines & calcium uptake by the bones

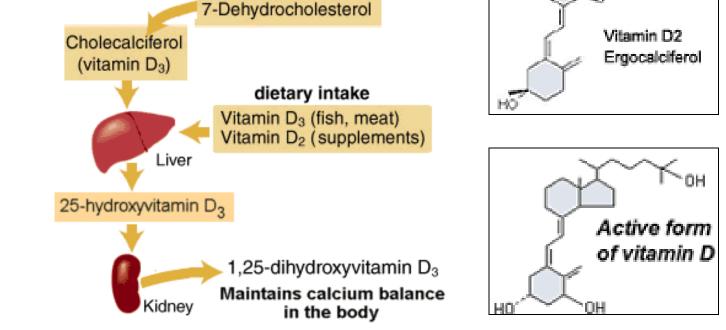
cholecalciferol (vitamin D3)

HO

25-hydroxycholecalciferol

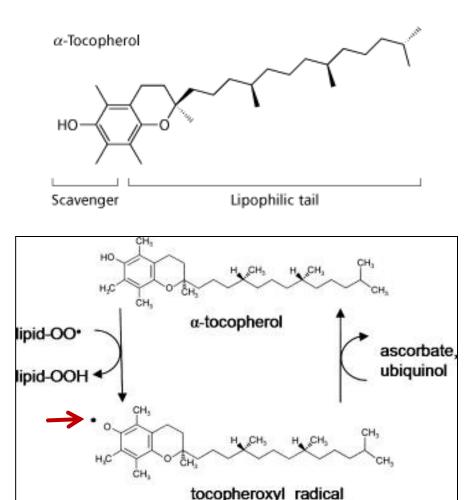
(25-hydroxy vitamin D)





Vitamin E

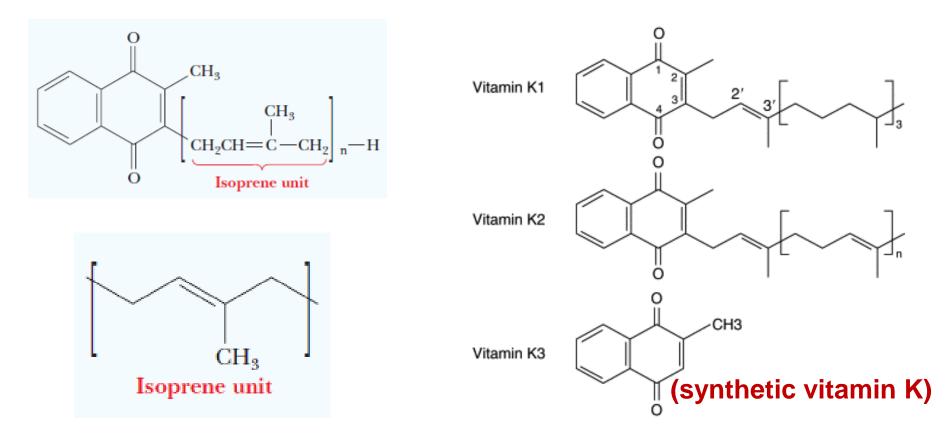
 A group of molecules (tocopherols); α-tocopherol is the most active



A good reducing agent & an antioxidant (it reacts with oxidizing agents before they can attack other biomolecules)

Vitamin K

The bicyclic ring system contains two carbonyl groups & a long unsaturated hydrocarbon side chain that consists of repeating *isoprene* Units



Biological function of vitamin K

- Carboxylation of glutamate producing γ-carboxyglutamate residues in the prothrombin protein
- The two carboxyl groups bind Ca²⁺ ion form a *bidentate ("two teeth") ligand*, which is required for blood clotting
- Two well-known anticoagulants, dicumarol & warfarin (a rat poison), are vitamin K antagonists

