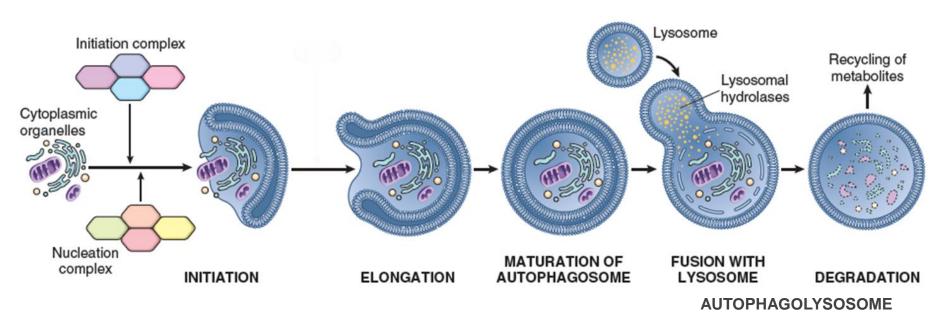


Autophagy

Greek: auto, self; phagy, eating

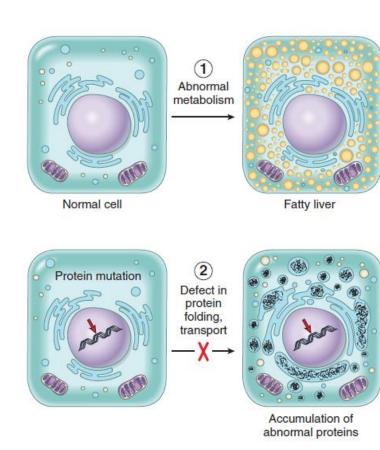


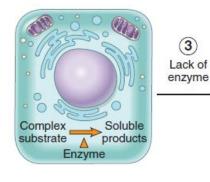
- Survival mechanism/nutrient deprivation
- Organelle turnover
- Adaptation failure → autophagy signals a unique type of cell death

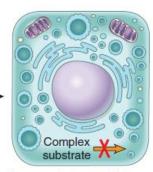
- Clearance of misfolded proteins (neurons, hepatocytes)
- IBD link?
- Has a role in cancer

Intracellular accumulations

Types



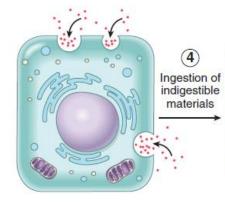




3

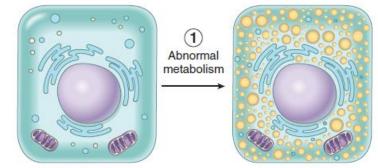
Lack of

Lysosomal storage disease: accumulation of endogenous materials



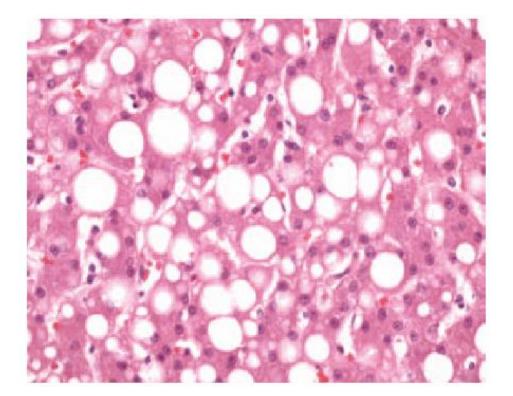


Accumulation of exogenous materials



Normal cell

Fatty liver



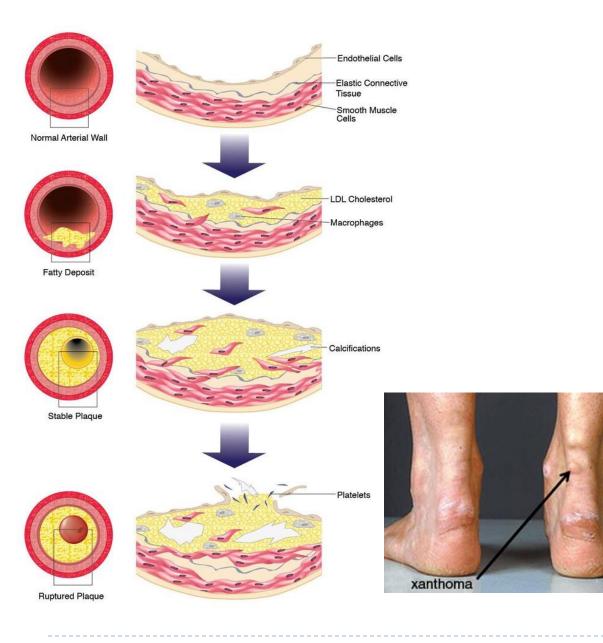
Lipids TAG (fatty change)

Most common in liver

Also in heart, kidney, muscle

Causes: toxins, protein malnutrition, DM, obesity, anoxia

Alcohol abuse and DM+obesity are the most common causes of fatty liver



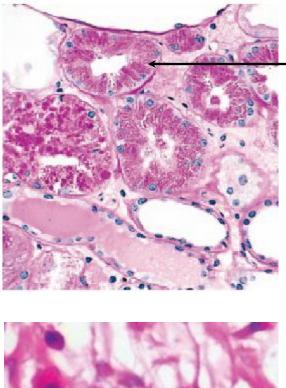
Lipids Cholesterol

Atherosclerotic plaques:

muscle cells and macrophages + C,CE (foam cells)

Xanthomas:

Cholesterol within macrophages characteristic of acquired and hereditary hyperlipidemias



Example of excess external protein. Accumulated reabsorbed albumin in the proximal renal tubules in proteinuria

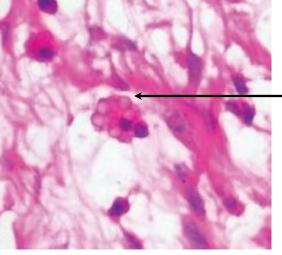
Russell bodies

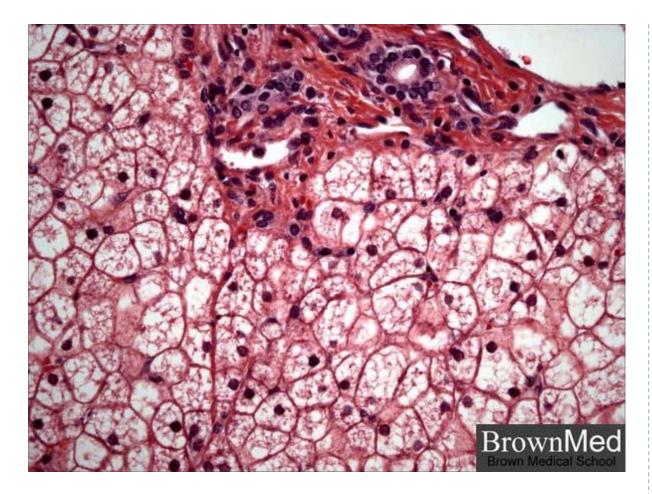
Example of excess internal protein synthesis. Accumulated Ig's

Protein

Much less common than lipid accumulations

Either excess external or internal synthesis





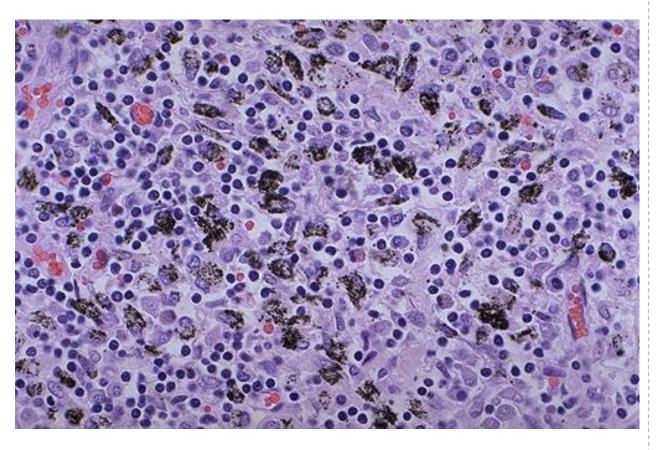
Example of G6Pase deficiency showing typical mosaic pattern in the swollen hepatocytes

Glycogen

Abnormality in glucose or glycogen metabolism

DM

Glycogen storage diseases



Pigments

Exogenous

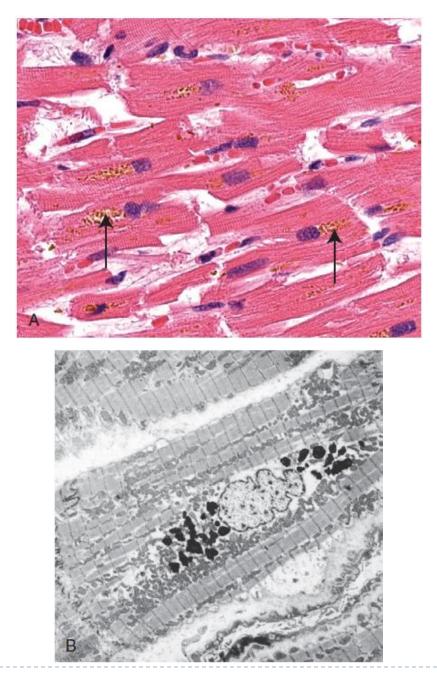
Most common exogenous, carbon (coal dust, air pollution)

Alveolar macrophages \rightarrow lymphatic channels \rightarrow tracheobronchial LN

Anthracosis

Tatoos

(dermal macrophages)



Pigments

Endogenous

Lipofuscin

"wear-and-tear pigment"

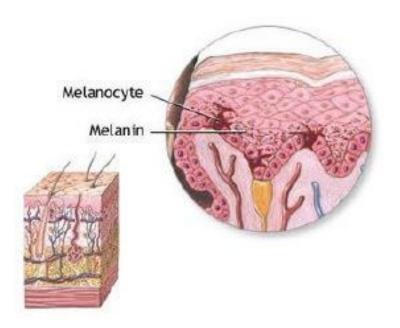
Age/atrophy

Heart, liver, and brain

Lipid and protein

Marker of past free radical injury

brown atrophy





Pigments

Endogenous

Melanin

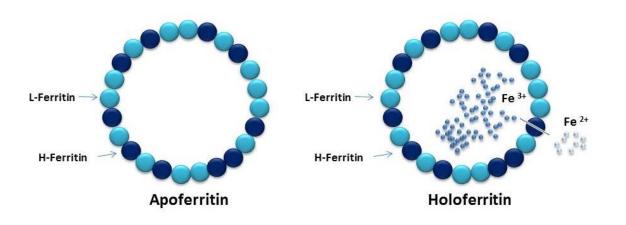
Source: melanocytes

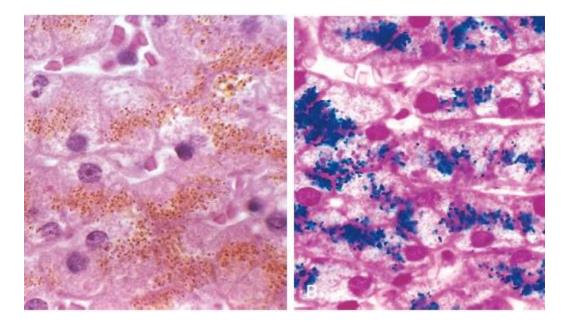
UV protection

Accumulates in dermal macrophages and adjacent keratinocytes

Skin tan

Freckles





Hemosiderin

Hb-derived granular pigment

Accumulation of ferritin micelles

Physiologic in the mononuclear phagocytes of the BM, spleen, and liver, from RBC turnover

Bruise: local pathologic deposition from hemorrhage

Hemosiderosis: systemic pathologic deposition of hemosiderin (hemochromatosis, hemolytic anemias, repeated blood transfusions)

Pathologic Calcification

"Abnormal deposition of mostly calcium salts, with iron, magnesium, and other minerals"

Dystrophic Calcification

- Deposition in dead/dying tissues
- Normal Ca²⁺ metabolism
- Exacerbated by Hypercalcemia

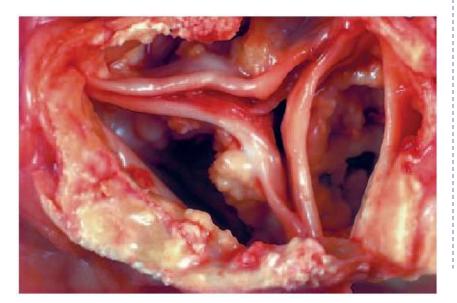
Metastatic Calcification

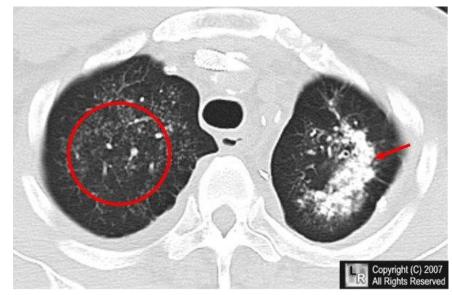
- Deposition in normal tissues
- Almost always abnormal Ca²⁺ metabolism (hypercalcemia)

Dystrophic Calcification Metastatic Calcification

- Necrosis of any type (e.g. atheromas, damaged cardiac valves)
- Initiation \rightarrow propagation
- Intracellular/extracellular
- Calcium phosphate crystals

- Hyperparathyroidism (1ry/2ry)
- Bone destruction (metastasis, MM, leukemia, Pagets)
- Vit-D intoxication, Sarcoidosis





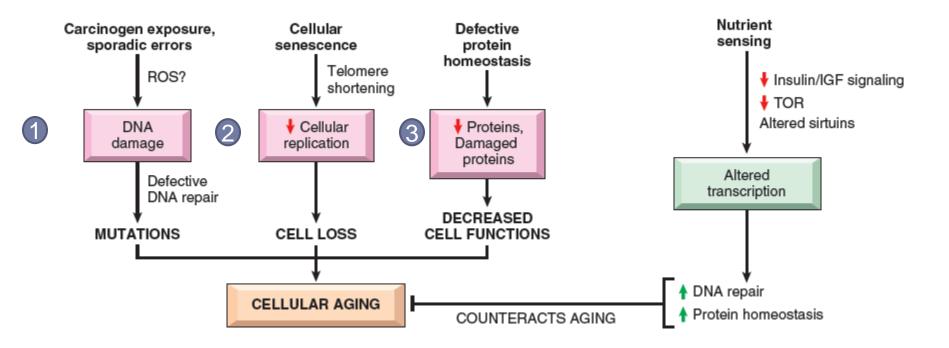
Cellular Aging



"If I don't go to the doctor, he can't find anything wrong with me. That's how I stay healthy!"

> "Age is one of the strongest independent risk factors for many chronic diseases, such as cancer, Alzheimer disease, and ischemic heart disease."

Mechanisms



Cell Senescence & Telomeres

