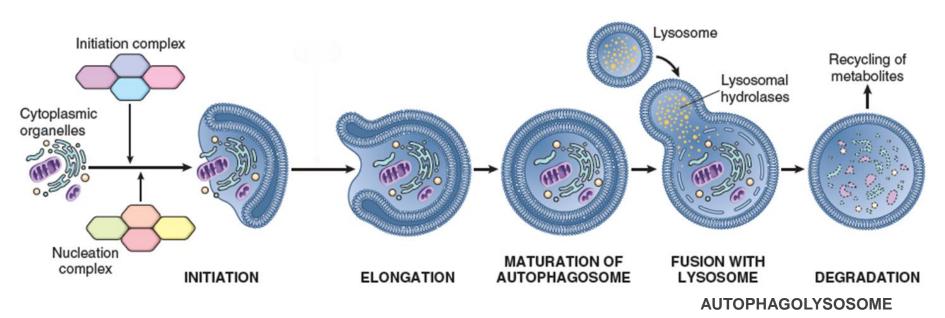


# Autophagy

# Greek: auto, self; phagy, eating

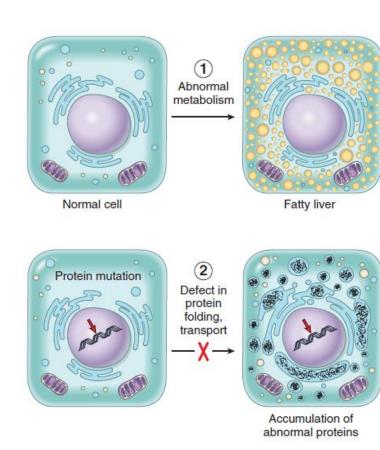


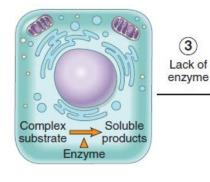
- Survival mechanism/nutrient deprivation
- Organelle turnover
- Adaptation failure → autophagy signals a unique type of cell death

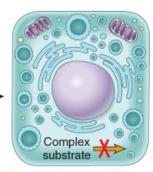
- Clearance of misfolded proteins (neurons, hepatocytes)
- IBD link?
- Has a role in cancer

### Intracellular accumulations

## Types



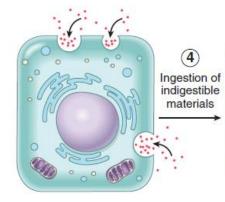




3

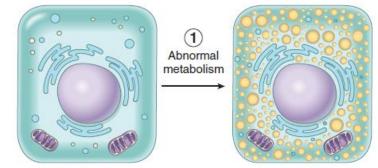
Lack of

Lysosomal storage disease: accumulation of endogenous materials



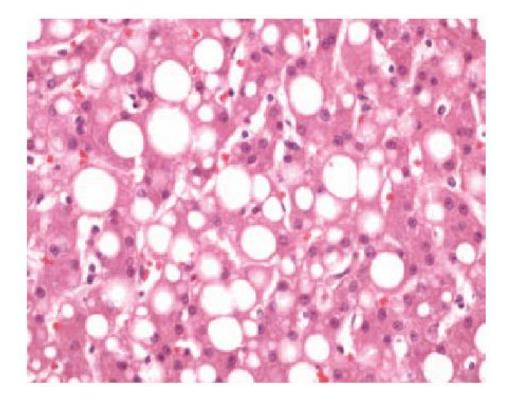


Accumulation of exogenous materials



Normal cell

Fatty liver



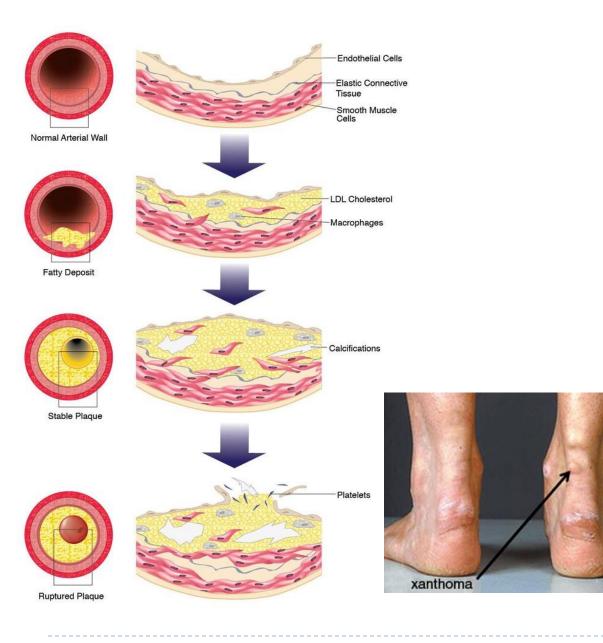
**Lipids** TAG (fatty change)

Most common in liver

Also in heart, kidney, muscle

Causes: toxins, protein malnutrition, DM, obesity, anoxia

Alcohol abuse and DM+obesity are the most common causes of fatty liver



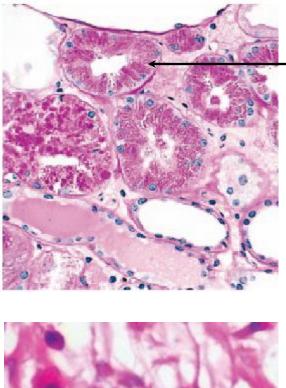
Lipids Cholesterol

Atherosclerotic plaques:

muscle cells and macrophages + C,CE (foam cells)

Xanthomas:

Cholesterol within macrophages characteristic of acquired and hereditary hyperlipidemias



Example of excess external protein. Accumulated reabsorbed albumin in the proximal renal tubules in proteinuria

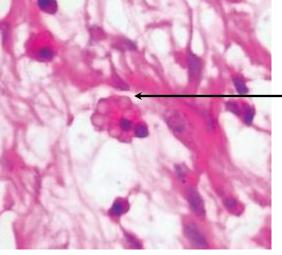
#### **Russell bodies**

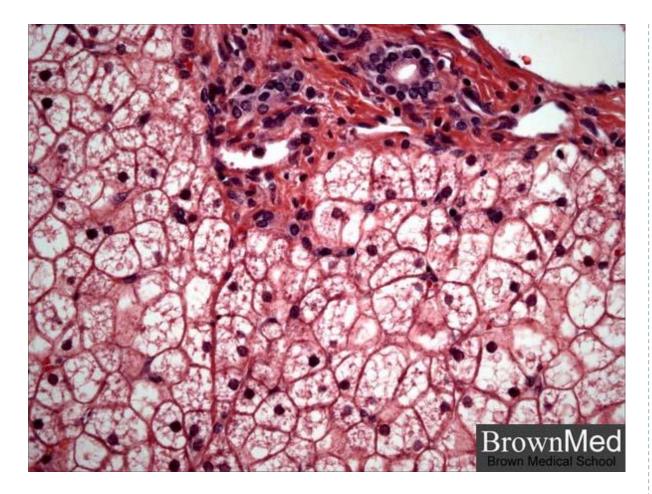
Example of excess internal protein synthesis. Accumulated Ig's

#### Protein

Much less common than lipid accumulations

Either excess external or internal synthesis





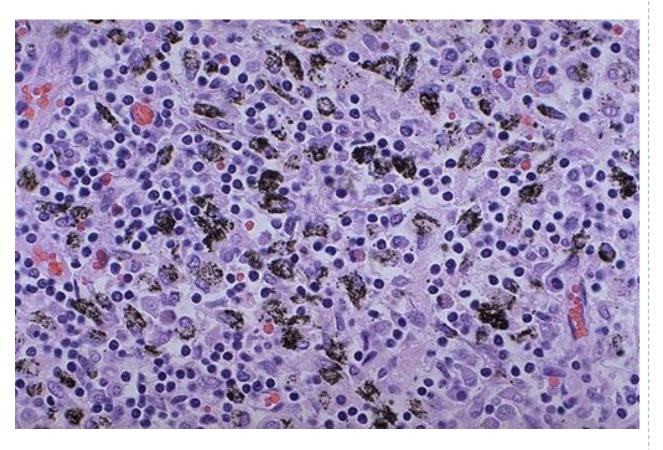
Example of G6Pase deficiency showing typical mosaic pattern in the swollen hepatocytes

#### Glycogen

Abnormality in glucose or glycogen metabolism

DM

Glycogen storage diseases



#### **Pigments**

#### Exogenous

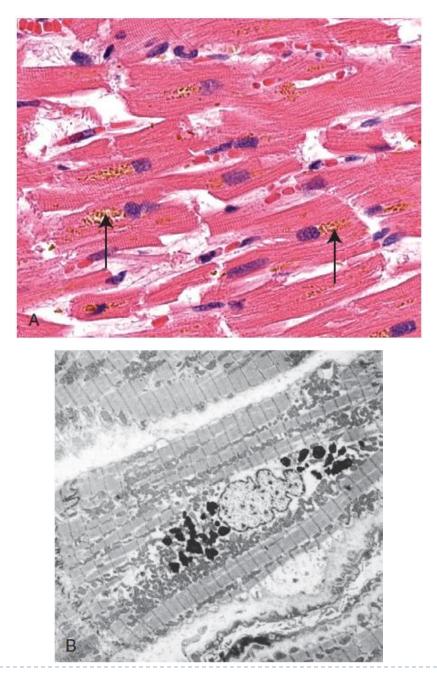
Most common exogenous, carbon (coal dust, air pollution)

Alveolar macrophages  $\rightarrow$ lymphatic channels  $\rightarrow$ tracheobronchial LN

Anthracosis

Tatoos

(dermal macrophages)



### **Pigments**

Endogenous

Lipofuscin

"wear-and-tear pigment"

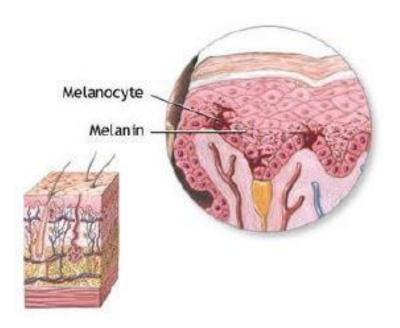
Age/atrophy

Heart, liver, and brain

Lipid and protein

Marker of past free radical injury

brown atrophy





#### **Pigments**

Endogenous

Melanin

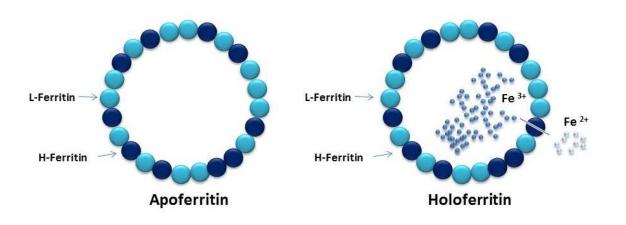
Source: melanocytes

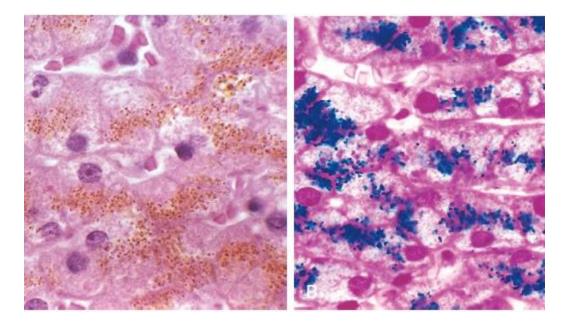
UV protection

Accumulates in dermal macrophages and adjacent keratinocytes

Skin tan

Freckles





### Hemosiderin

Hb-derived granular pigment

Accumulation of ferritin micelles

Physiologic in the mononuclear phagocytes of the BM, spleen, and liver, from RBC turnover

Bruise: local pathologic deposition from hemorrhage

Hemosiderosis: systemic pathologic deposition of hemosiderin (hemochromatosis, hemolytic anemias, repeated blood transfusions)

## Pathologic Calcification

### "Abnormal deposition of mostly calcium salts, with iron, magnesium, and other minerals"

**Dystrophic Calcification** 

- Deposition in dead/dying tissues
- Normal Ca<sup>2+</sup> metabolism
- Exacerbated by Hypercalcemia

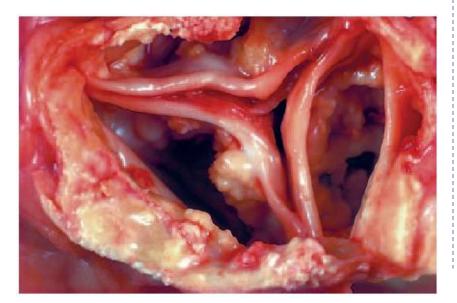
Metastatic Calcification

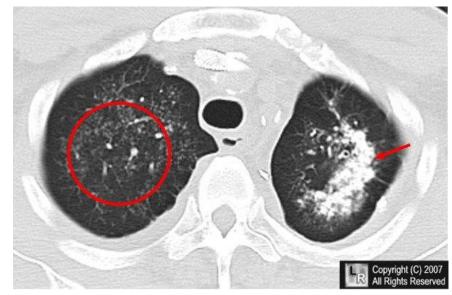
- Deposition in normal tissues
- Almost always abnormal Ca<sup>2+</sup> metabolism (hypercalcemia)

### **Dystrophic Calcification** Metastatic Calcification

- Necrosis of any type (e.g. atheromas, damaged cardiac valves)
- Initiation  $\rightarrow$  propagation
- Intracellular/extracellular
- Calcium phosphate crystals

- Hyperparathyroidism (1ry/2ry)
- Bone destruction (metastasis, MM, leukemia, Pagets)
- Vit-D intoxication, Sarcoidosis





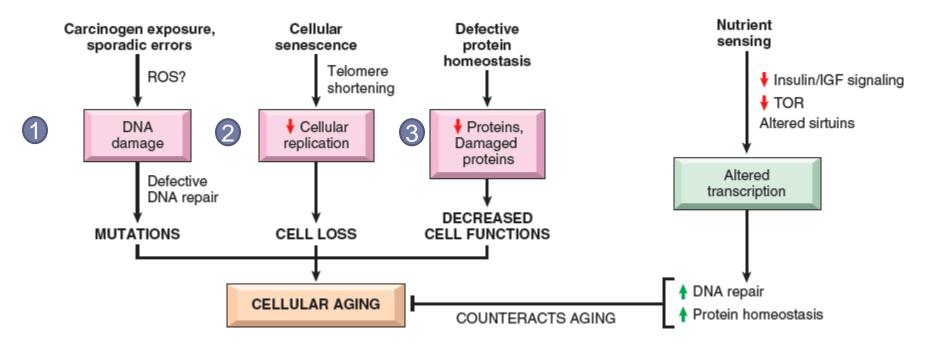
# Cellular Aging



"If I don't go to the doctor, he can't find anything wrong with me. That's how I stay healthy!"

> "Age is one of the strongest independent risk factors for many chronic diseases, such as cancer, Alzheimer disease, and ischemic heart disease."

## Mechanisms



## **Cell Senescence & Telomeres**

